

An Approach to Study and Evaluate Antibiotic Drug Use Pattern among Paediatric Patients: A Prospective Observational Drug Utilisation Study

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ABSTRACT: The strategic use of antibiotics is pivotal for health outcomes and patient care quality. Contributing factors to irrational antibiotic use, such as self-medication, polypharmacy, inappropriate usage, overuse of injectables, and prescription deviations, pose a significant challenge. This surge in antibiotic consumption has led to a critical global issue-antibiotic resistance, jeopardizing our ability to combat infectious diseases. A comprehensive assessment of irrational antibiotic use is imperative. Our study aimed to evaluate antibiotic prescribing patterns using WHO indicators and Defined Daily Dose (DDD) for drug utilization under the Anatomical Therapeutic Chemical (ATC) classification. Primary objectives included assessing therapy rationality and determining differences between weight-adjusted and DDD-based drug doses. Secondary goals involved identifying infection prevalence among pediatric patients and evaluating major antibiotics for common infections. In a prospective observational study, data from 200 patients at SDA Diamond Hospital were collected over six months. Patients meeting inclusion/exclusion criteria had their data recorded in a Case Report Form (CRF), which was then assessed for variations between ATC-DDD and weight-based prescribed doses. WHO prescribing indicators were considered. Results showed 50% of admissions were inpatient, 25% outpatient, and 25% in the neonatal intensive care unit. The most prescribed antibiotics were amoxicillin with potassium clavulanate (35.29%) and azithromycin (33.33%). Among inpatients, 67% were male, with ceftriaxone (43.55%) and azithromycin (10.22%) dominating prescriptions. Neonatal intensive care unit patients, mainly aged 0-1 month, commonly received gentamicin (14.50%) and cefixime (14.50%). Polypharmacy prevailed across departments, urging further review and medical reconciliation for improved therapy quality. Establishing a comprehensive DDD-based

system facilitates pediatric dosing assessments, providing a nuanced understanding of antibiotic use in children beyond traditional DDD metrics. KEYWORDS: Drug Utilization Evaluation (DUE), Antibiotic resistance, Defined daily dose (DDD), anatomical therapeutic chemical (ATC), classification, WHO Indicators, Pediatric patients, prescribing patterns, polypharmacy, therapy antibiotic consumption, quality, infection prevalence, weight-adjusted doses, medication reconciliation.

I. INTRODUCTION:

The pediatric population, which includes children under the age of 15 years, accounts for around 25.69% of the total population in India and is considered the most vulnerable group to any kind of infection.[1] Consequently, the administration of antibiotics has become a prevalent approach in the pediatric population. The overuse of antibiotics without culture sensitivity tests can lead to antibiotic resistance, resulting in ineffective treatments and prolonged hospital stays.[2] Governmental bodies have formulated various guidelines such as the National Guidelines for Antimicrobial Use in Infectious Diseases developed by the Ministry of Health and Family Welfare, Indian Council of Medical Research (ICMR) guidelines, All India Institute of Medical Sciences (AIIMS) guidelines, and National Centre for Disease Control (NCDC) guidelines which are periodically revised and updated. These guidelines assist physicians in rationally prescribing medication.[3]

The basis of effective pediatric medical treatment is a thorough diagnosis and the appropriate course of drug therapy of antibiotics, which generally involves a drug regimen. Rational medication therapy is the first step in the regulation of the proper drug dose regimen. Drug utilization evaluation (DUE) is one such approach that helps



the researcher to evaluate and analyze the rationality of the therapy.

Drug utilization research was defined by WHO in 1977 as the marketing, distribution, prescription, and use of drugs in a society, with special emphasis on the resulting medical, social, economic consequences.[4] and Numerous indicators have been evolved through the global community for the rational use of medication in collaboration with WHO which enables the evaluation of drug use practices and remedial measures. These indicators include the prescribing indicators, the patient care indicators, and the facility indicators.[5] The DUE studies mainly use the prescription indicators for appropriate review of the drugs in a hospital setting.

Prescription indicators allow the therapeutic actions taken in similar institutions to be ascertained, enabling subsequent comparison of them, parameters between evaluating the population's medication needs, and determining the most frequently used medications in a given place. These indicators allow the investigator to identify the prescription profile and quality of services offered to the population.

The core prescribing indicators suggested by the WHO are as follows:

1. The average number of drugs per encounter

Percentage of drugs prescribed by generic names
 Percentage of encounters with an antibiotic prescribed

4. Percentage of encounters with an injection prescribed

5. Percentage of drugs from the Essential Drug List

Another approach is the use of WHO-ATC classification, ATC gives a unique code to all the drugs according to their Anatomic, Therapeutic, and Chemical Class, WHO has suggested a standard method for evaluating drug usage quantitatively by using the ATC/DDD index. The ATC/DDD methodology aims to serve as a tool for drug utilization studies to improve the quality of drug use.[4] Therefore, this study might assist us to monitor the prescribing pattern of antibiotics so that those may be used judiciously. This information is expected to help in an intervention that would improve the prescribing patterns and rational use of drugs in the pediatric population.

So, in the present study, prescribing patterns in the pediatric population were observed, antibiotics dosage and frequency were analyzed and daily dose was compared to the prescribed dose and variation ATC-DDD and weight accordingly adjusted dose was evaluated.

II. OBJECTIVES:

Pediatric population is one of the most vulnerable groups in patient society. In order to be rational, the therapy should be safe, efficacious and affordable and drug utilization studies are tools to facilitate rational prescribing of drugs. The current study was designed with the objective of assessing drug utilization in the pediatric department, to apply the WHO core indicators and to assess the appropriateness of prescribed medicines in a pediatric unit.

1. PRIMARY OBJECTIVES :

- To assess the rationality of therapy.
- To ascertain the difference between weightadjusted dose of medications and drug dose according to Defined Daily Dose of ATC/DDD Index.

2. SECONDARY OBJECTIVES :

- To determine the prevalence of infection among the pediatric population.
- To assess major antibiotics used to treat common infections.

III. MATERIALS AND METHOD: STUDY DESIGN :

A prospective observational study was conducted at SDA Diamond Hospital and Medical Research Centre from October 2022 to January 2023. The ethics committee approved the study and the requirement of informed consent was waived.

STUDY DURATION :

The duration of the study was 6 months.

STUDY SUBJECTS :

A total of 200 pediatric patients were enrolled in the study.

STUDY SITE:

This study was conducted in SDA Diamond Hospital And Medical Research Centre.

INCLUSION CRITERIA:

All pediatric patients aged 0-14 years, at least on one antibiotic, born healthy and full-term patients admitted to OPD, IPD and NICU were included in the study.

EXCLUSION CRITERIA:

Patients above the age of 14 with missing prescription orders were excluded from the study. Moreover, the patients who were receiving the



treatment outside along with hospital treatment and patients born preterm were also excluded from the study. The study also excluded patients' discharge medication orders.

METHODOLOGY:

The study was conducted in accordance with ICH-GCP guidelines. Documents like the protocol and data collection forms (CRF and ICF) were presented to the ethics committee for approval of the study. The study proceeded after the ethics committee's approval.

Data was collected from respective patient files using a CRF approved by the ethics committee. Data collected included the parameters such as patient demographics, chief complaints, diagnosis, name and class of antibiotics as well as other drugs, and finally duration, dose, and frequency of the drugs prescribed. Antibiotic indications were classified as empiric, definitive, and prophylactic therapy.

The data was collected for the duration of 6 months for 200 patients fulfilling inclusion and exclusion criteria. The data from the physician validated CRF was analyzed using WHO prescribing indicators; statistical analysis was carried out by finding the mean and a percentage of various parameters and criteria on the basis of the same. Moreover, antibiotics were classified according to ATC classification, and DDD was obtained, which was compared with weight and accordingly adjusted dose was calculated to check the variation. A result was obtained, and the study was concluded. All the statistical calculations were done using MS Excel.

IV. RESULT AND STATISTICS:

A total of 200 samples were collected over the course of six months, from August 22 to February 23, based on inclusion and exclusion criteria. Out of the 200 samples taken, 50 (25%) were collected from the outpatient department (OPD), while the remaining 150 (75%) were collected from the inpatient department (IPD). Out of the 150 samples collected from the IPD, 50 (25%) were obtained from the NICU, while the remaining 100 (50%) were obtained from the general ward.

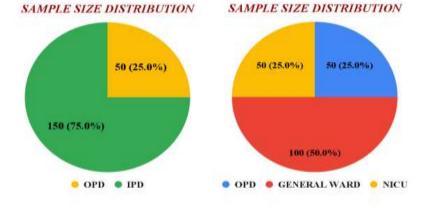


FIGURE 1: DISTRIBUTION OF SAMPLE SIZE BETWEEN OPD AND IPD (NICU AND GENERAL WARD)

1. ANALYSIS OF THE OUTPATIENT DEPARTMENT 1.1 GENDER WISE DISTRIBUTION



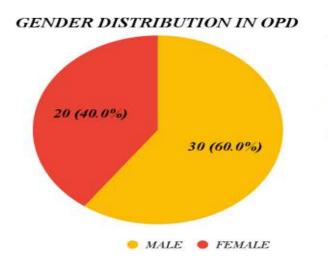


FIGURE 2: DISTRIBUTION OF GENDER (OPD)

A total of 50 outpatients were assessed for this study. The gender split among these 50 patients

was 30 (60%) were male while 20 (40%) were female.

1.2 AGE WISE DISTRIBUTION IN OPD

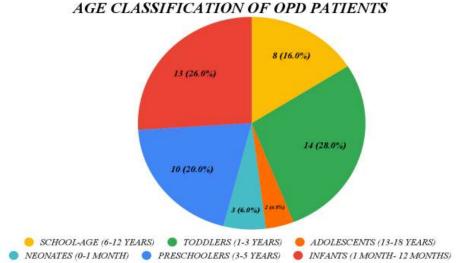


FIGURE 3 : DISTRIBUTION OF OUT-PATIENTS ACCORDING TO WHO AGE

CLASSIFICATION

As presented in FIGURE 3, it was found that the most patients were Toddlers (1-3 years) i.e. 28% followed by Infants (1 month - 12 months) i.e.

26% and the least patients were Adolescents (13-18 years) i.e. 4%.



	NUMBER OF PATIENTS	AVERAGE AGE ± SEM
TOTAL	50	3.034 ± 0.473
MALE	30	2.590 ± 0.599
FEMALE	20	3.712 ± 0.762

	NUMBER OF PATIENTS	AVERAGE AGE ± SEM
NEONATES	03	0.047 ± 0.020
INFANTS	13	0.506 ± 0.087
TODDLERS	14	1.642 ± 0.119
PRESCHOOLERS	10	3.625 ± 0.455
SCHOOL AGE	08	7.375 ± 0.532
ADOLESCENTS	02	13.5 ± 0.5

The mean age of outpatients was 3.034 ± 0.473 years. The mean age for male patients was 2.590 ± 0.599 years while the mean age for female patients was 3.712 ± 0.762 years as shown in TABLE 1. Moreover, the age wise distribution of patients according to WHO classification is depicted in TABLE 2 and FIGURE 4.

1.3 MAJOR COMPLAINTS IN OPD PATIENTS

Cough (26.61%) was the major complaint of the patients in the outpatient department, followed by fever (25.69%) and cold (25.69%).

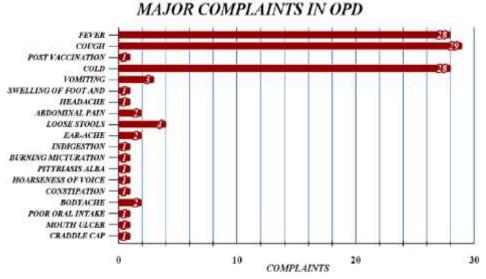


FIGURE 4: MAJOR COMPLAINTS OF PATIENTS IN OUTPATIENT DEPARTMENT



TABLE 3: MAJOR COMP. OUTPATIENT	LAINTS OF PA DEPARTMENT	
COMPLAINTS	COUNT	PERCENTAGE
COUGH	29	26.61%
FEVER	28	25.69%
COLD	28	25.69%
LOOSE STOOLS	4	3.67%
VOMITING	3	2.75%
EAR-ACHE	2	1.83%
BODYACHE	2	1.83%
ABDOMINAL PAIN	2	1.83%
SWELLING OF FOOT AND ITCHING	1	0.92%
POST VACCINATION CELLULITIS	1	0.92%
POOR ORAL INTAKE	1	0.92%
PITYRIASIS ALBA	1	0.92%
MOUTH ULCER	1	0.92%
INDIGESTION	1	0.92%
HOARSENESS OF VOICE	1	0.92%
HEADACHE	1	0.92%
CRADLE CAP	1	0.92%
CONSTIPATION	1	0.92%
BURNING MICTURITION	1	0.92%
Grand Total	109	100.00%

1.4 PRESCRIPTION ANALYSIS IN OUT-PATIENT DEPARTMENT

Out of 50 sample sizes collected from the OPD department it was found that 42.7% of the

patients were prescribed with 4 drugs followed by 21.8% of the patients were prescribed with 5 drugs at a time and 20.4% of the patients were prescribed with 3 drugs at a time.

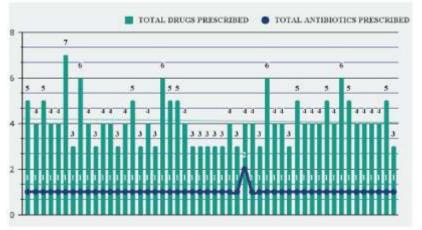


FIGURE 5: TOTAL NUMBER OF DRUGS AND ANTIBIOTICS PRESCRIBED



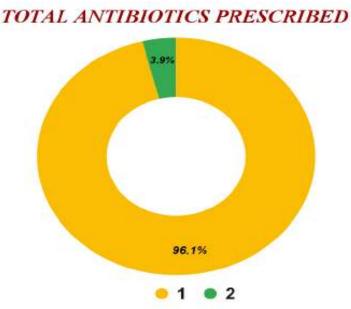


FIGURE 6: NUMBER OF ANTIBIOTICS PRESCRIBED IN OPD

Of the 50 cases that were gathered from the OPD, it was discovered that 96.1% of the patients received one antibiotic at a time, and only 3.9% of the patients, received two antibiotics at once.

After analysing 50 prescriptions from OPD it was found that 34.4% percent of the patients were taking 3 drugs other than antibiotics at a time and 24.4% of the patients were prescribed 2 drugs at a time other than antibiotics.

1.5 ANALYSIS OF ANTIBIOTICS

In this study, combination of amoxicillin and potassium clavulanate (35.29%) and azithromycin (33.33%) were mostly prescribed, followed by cefixime and combination of cefixime and ofloxacin which were 11.76% and 7.84% respectively.

GENERIC NAME	COUNT	PERCENTAGE
AMOXICILLIN AND POTASSIUM		
CLAVULANATE	18	35.29%
AZITHROMYCIN	17	33.33%
CEFIXIME	6	11.76%
CEFIXIME + OFLOXACIN	4	7.84%
SATRONIDAZOLE AND OFLOXACIN	2	3.92%
LEVOFLOXACIN	1	1.96%
CHLORAMPHENICOL	1	1.96%
CEFPODOXIME	1	1.96%
AMOXICILLIN	1	1.96%
Grand Total	51	100.00%



Out of 18 patients were prescribed amoxicillin and clavulanic acid. Out of which 8 patients were prescribed with AUGMENTIN 228, 5 patients with AUGMENTIN 457, 2 patients with AUGMENTIN 375 and AUGMENTIN 625 while remaining 2 patients were prescribed with AUGPEN 475 and AUGPEN 228. Similarly, 17 Azithromycin prescribed, 8 patients (16%) were prescribed AZEE-200, 7 patients (14%) were prescribed with AZEE-100 while 1 patient (2%) was prescribed with AZEE-500 and AZEE-250.

		E OF BRANDED NT DEPARTMENT
BRAND NAME	COUNT	PERCENTAGE
AZEE 200	8	15.69%
AUGMENTIN		
228	8	15.69%
AZEE 100	7	13.73%
ZIFI 100	5	9.80%
AUGMENTIN		
457	5	9.80%
OFFICE 50	3	5.88%
SATROGYL-O	2	3.92%
AUGPEN 228	2	3.92%
ZIFI O	1	1.96%
ZIFI 50	1	1.96%
OPOX 100	1	1.96%
NOVAMOX	1	1.96%
LEVOFLOX	1	1.96%
CANDIBIOTIC		
EAR DROPS	1	1.96%
AZEE 500	1	1.96%
AZEE 250	1	1.96%
AUGPEN 475	1	1.96%



AUGMENTIN		
625	1	1.96%
AUGMENTIN		
375	1	1.96%
Grand Total	51	100.00%

Out of 51 antibiotics prescribed, the most commonly prescribed class was combination of penicillins and beta-lactamase inhibitors (35.29%),

followed by macrolides and fluoroquinolones which were 31.37% and 13.73% respectively.

CLASS	COUNT	PERCENTAGE
PENICILLINS + BETA LACTAMASE INHIBITORS	18	35.29%
MACROLIDES	16	31.37%
FLUOROQUINOLONES	7	13.73%
CEPHALOSPORINS	б	11.76%
ANTIPROTOZOAL AGENTS + FLUOROQUINOLONES	2	3.92%
PENICILLINS	1	1.96%
CHLORAMPHENICOL	1	1.96%
Grand Total	51	100,00%

The most commonly used formulation of antibiotics in the outpatient department was syrup (86.27%) followed by tablet (9.80%).

TABLE 7: ANALYSIS OF F USED IN OUT-F	FORMULATION O PATIENT DEPART	
FORMULATION	COUNT	PERCENTAGE
SYRUP	44	86.27%
TABLET	5	9.80%
ORAL SUSPENSION	1	1.96%
EAR DROPS	1	1.96%
Grand Total	51	100.00%



1.6 ANALYSIS OF OTHER DRUGS

Apart from the antibiotics prescribed, most commonly prescribed other drugs were a combination of nimesulide and paracetamol (18.12%), followed by xylometazoline (10.74%). Out of 28 nimesulide and paracetamol combinations prescribed, 17 patients (34%) were prescribed MINIDOL-P, 9 patients (18%) were prescribed MONTINA-L KID while 5 patients were prescribed with NIMESON-P.

TABLE 8: OTHER DRUGS USED IN OU	T-PATIENT DEPARI	MENT
GENERIC NAMES	COUNT	PERCENTAGE
Nimesulide + Paracetamol	28	15.38%
Xylometazoline	17	9.34%
Guaifenesin + Chlorpheniramine Maleate + Dextromethorphan Hydrobromide + Menthol	14	7.69%
Phenylephrine + Chlorpheniramine Maleate + Dextromethorphan Hydrobromide	12	6.59%
Paracetamol	10	5.49%
Levocetirizine + Montelukast	9	4.95%
Chlorpheniramine Maleate + Paracetamol + Phenylephrine + Sodium Citrate + Menthol	9	4.95%
Prednisolone	7	3.85%
Paracetamol + Chlorpheniramine Maleate & Phenylephrine Hydrochloride	7	3.85%
Sodium Ascorbate Zinc	6	3.30%
Ibuprofen + Paracetamol	6	3.30%
Ambroxol	5	2.75%
Phenylephrine + Chlorpheniramine Maleate	4	2.20%
Levosalbutamol + Ipratropium bromide + Budesonide	4	2.20%
Lactobacillus	4	2.20%
Granisetron	4	2.20%



Chlorpheniramine + Codeine	4	2.20%
Levosalbutamol + Ipratropium bromide	3	1.65%
Folic Acid	3	1.65%
Domperidone + Pantoprazole	3	1.65%
Albendazole + Ivermectin	3	1.65%
Zinc drops	2	1.10%
Vitamin A	2	1.10%
Sodium Picosulfate Liquid Paraffin + Milk of Magnesia	2	1.10%
Racecadotril sachet	2	1.10%
Naproxen	2	1.10%
Levosalbutamol + Ambroxol + Guaifenesin	2	1.10%
Hydroxyzine Hydrochloride	2	1.10%
Fexofenadine HCl + Montelukast sodium	2	1.10%
Dicyclomine Hydrochloride + Simethicone	2	1.10%
Desonide cream	2	1.10%
Grand Total	182	100.00%

The most commonly used formulation of other drugs in the outpatient department was syrup

(64.71%) followed by tablets (15.03%) and nasal drops(10.46%).

TABLE 9: FORMULATI OUT-PATH	ON OF OTHER ENT DEPARTM	
FORMULATION	COUNT	PERCENTAGE
SYRUP	99	64.71%
TABLET	23	15.03%
NASAL DROPS	16	10.46%
NEBULISER	5	3.27%
POWDER GRANULES	3	1.96%
ORAL DROPS	3	1.96%
TOPICAL	2	1.31%
EAR DROPS	-2	1.31%
Grand Total	153	100.00%



1.7 RATIONALITY OF DOSE

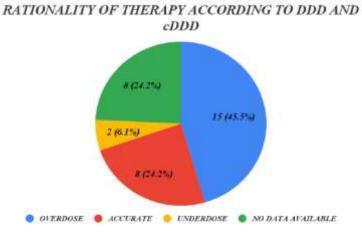
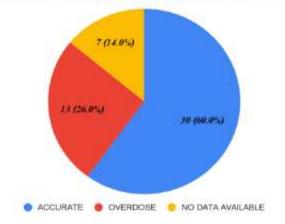


FIGURE 7 : RATIONALITY OF DOSE IN OPD ACCORDING TO DDD AND cDDD

After calculating and analysing the prescribed doses according to defined daily doses it was found that 45.5% of the patients received doses that were overdose, only 6.1% patients were

underdosed while 24.2% of the patients received doses which were accurate. 24.2% data were not available according to the WHO ATC/DDD criteria.



RATIONALITY OF THERAPY ACCORDING TO WEIGHT

FIGURE 8: RATIONALITY OF DOSE ACCORDING TO WEIGHT OF OUT-PATIENTS

After calculating and analysing the prescribed doses according to weight it was found that 60% of the patients received doses that were accurate while 26% of the patients received doses which were overdose. Moreover, 14% patients were those whose data was not available.

2. ANALYSIS OF THE INPATIENT DEPARTMENT (GENERAL WARD) 2.1 GENDER WISE DISTRIBUTION IN GENERAL WARD



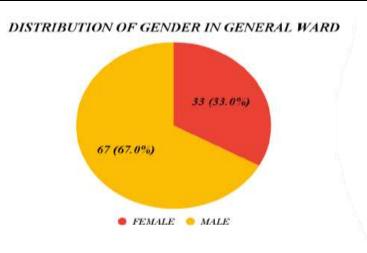


FIGURE 9: DISTRIBUTION OF GENDER (GENERAL WARD)

The study evaluated 100 outpatients in total, among which 33% were female and 67% were male patients.

2.2 AGE-WISE DISTRIBUTION IN GENERAL WARD

	NUMBER OF PATIENTS	AVERAGE AGE ± SEM
TOTAL	100	1.846 ± 0.470
MALE	67	4.949 ± 0.583
FEMALE	33	4.919 ± 0.805
ASSIFICATION IN GE	NERAL WARD NUMBER OF PATIENTS	AVERAGE AGE ± SEM
ASSIFICATION IN GE		AVERAGE AGE ± SEM 0.083 ± 0
	NUMBER OF PATIENTS	
NEONATES	NUMBER OF PATIENTS 03	0.083 ± 0
NEONATES INFANTS	NUMBER OF PATIENTS 03 23	0.083 ± 0 0.637 ± 0.061
INFANTS TODDLERS	NUMBER OF PATIENTS 03 23 26	0.637 ± 0.061 1.846 ± 0.156

The mean age of inpatients was 1.846 ± 0.470 years. The mean age for male patients was 4.949 ± 0.583 years while the mean age for female patients was 4.919 ± 0.805 years as shown in TABLE 10. Moreover, the age-wise distribution of

patients according to WHO classification is depicted in the TABLE 11 and FIGURE 10.

AGE CLASSIFICATION OF GENERAL WARD PATIENTS

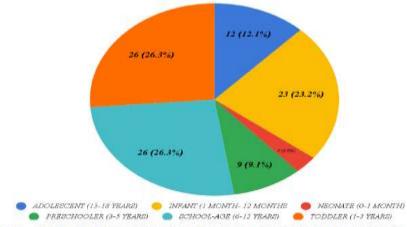


FIGURE 10 : DISTRIBUTION OF GENERAL WARD PATIENTS ACCORDING TO

WHO AGE CLASSIFICATION

2.3 MAJOR COMPLAINTS IN GENERAL WARD PATIENTS

Fever (23.83%) and vomiting (13.62%) were the major complaints of the patients in the

general ward, followed by cough (11.49%) and cold (10.21%). Other common complaints reported by patients in the general ward included loose stools (8.51%).

TABLE 12: MAJOR COMPLAINTS OF PATIENTS IN GENERAL WARD		
COMPLAINTS	COUNT	PERCENTAGE
FEVER	56	23.83%
VOMITING	32	13.62%
COUGH	27	11.49%
COLD	24	10.21%
LOOSE STOOLS	20	8.51%
DECREASED ORAL INTAKE	9	3.83%
EPILEPTICAL SYMPTOMS	8	3.40%
ABDOMINAL PAIN	8	3.40%
SWELLING	6	2.55%
DIFFICULTY IN MICTURITION	6	2.55%
CHILLS	5	2.13%
REDNESS	4	1.70%
NAUSEA	4	1.70%
FAST BREATHING	4	1.70%
PAIN	3	1.28%
THROAT CONGESTION	2	0.85%
RASHES	2	0.85%
NECK SWELLING	2	0.85%
CHEST PAIN	2	0.85%
BACKACHE	2	0.85%
YELLOWISH URINE	1	0.43%
WEAKNESS	1	0.43%
INCONTINENCE OF URINE		
SINCE BIRTH	1	0.43%
ICTERUS	1	0.43%
HEADACHE	1	0.43%
FLANK PAIN	1	0.43%
FACIAL PUFFINESS	1	0.43%



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DIFFICULTY IN MOVEMENT	1	0.43%
BURNING MICTURITION	1	0.43%
Grand Total	235	100.00%

2.4 DIAGNOSIS OF PATIENTS IN GENERAL WARD

Out of the 100 samples collected in the general ward, 22 (22%) patients were diagnosed with AGE, followed by LRTI 13 (13%) and viral

fever 7 (7%). There were also patients with rare diseases such as acute lymphoblastic leukaemia 1 (1%). It was also found that the most prevalent infection was AGE.

TABLE 13: DIAGNOSIS OF PATIENTS IN GENERAL WARD		
DLAGNOSIS	COUNT	PERCENTAGE
AGE	22	22.00%
LRTI	13	13.00%
VIRAL FEVER	7	7.00%
URTI	6	6.00%
PHIMOSIS	5	5.00%
HEPATITIS A	4	4.00%
TYPHOID	3	3.00%
FEBRILE SEIZURES	3	3.00%
ACUTE SEPSIS	3	3.00%
UTI	2	2.00%
TONSILLITIS	2	2.00%
GASTROENTERITIS	2	2.00%
FALL DOWN	2	2.00%
ENTERIC FEVER	2	2.00%
STATUS EPILEPTICUS	1	1.00%
SEPTICEMIA WITH CYSTITIS	1	1.00%
SEIZURES	1	1.00%
RIGHT LEG MEDIAL MALLEOLUS	1	1.00%
RIGHT LEG CELLULITIS	1	1.00%
RIGHT HAND RADIUS FRACTURE	1	1.00%
PYELONEPHRITIS	1	1.00%
PNEUMONIA	1	1.00%

2.5 TYPE OF THERAPY IN PATIENTS IN GENERAL WARD

80% patients in the IPD received empirical therapy followed by 17% of them

receiving prophylactic therapy and a mere 3% receiving definitive therapy.



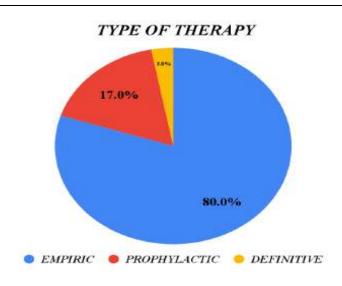
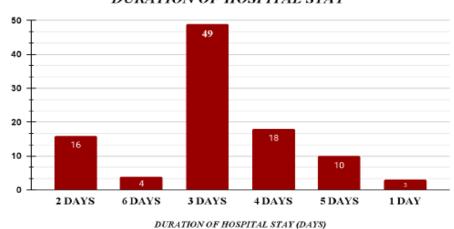


FIGURE 11 : TYPE OF THERAPY IN GENERAL WARD PATIENTS

2.6 DURATION OF HOSPITAL STAY OF IPD PATIENTS

Of the 100 IPD cases recorded, most patients were admitted for 3 days (49 patients),

followed by 4 days (18 patients), and the fewest patients were admitted for 1 day (3 patients).



DURATION OF HOSPITAL STAY

FIGURE 12 : DURATION OF HOSPITAL STAY OF PATIENTS IN GENERAL WARD

PRESCRIPTION ANALYSIS IN INPATIENT DEPARTMENT

2.7 ANALYSIS OF ANTIBIOTICS

Ceftriaxone (43.55%) was the most commonly prescribed antibiotic in the general ward, followed by azithromycin (10.22%) and amikacin (10.22%).

The third most commonly prescribed antibiotics were amoxicillin + clavulanate (5.38%) and satronidazole + ofloxacin (5.38%).

Out of the 81 ceftriaxone prescribed, 70 (86%) were prescribed under the brand name MONOCEF and 11 (13%) were prescribed under the brand name OFRAMAX.

A total of 19 patients (10.22%) were prescribed amikacin and azithromycin with the brand names AMIKA and AZEE, respectively.



TABLE 14: ANTIBIOTICS USED IN GENERAL WARD		
GENERIC NAME	COUNT	PERCENTAGE
CEFTRIAXONE	81	43.55%
AZITHROMYCIN	19	10.22%
AMIKACIN	19	10.22%
SATRONIDAZOLE +		
OFLOXACIN	10	5.38%
AMOXICILLIN +		
CLAVULANATE	10	5.38%
OFLOXACIN	7	3.76%
PIPERACILLIN +		
TAZOBACTAM	6	3.23%
LEVOFLOXACIN	6	3.23%
METRONIDAZOLE	5	2.69%
DOXYCYCLINE	3	1.61%
CEFOPERAZONE +		
SULBACTAM	3	1.61%
CEFIXIME	3	1.61%
SATRONIDAZOLE	2	1.08%
MEROPENEM	2	1.08%
VANCOMYCIN	1	0.54%
RIFAMPICIN	1	0.54%
PYRAZINAMIDE	1	0.54%
PRIMAQUINE	1	0.54%
ISONIAZID	1	0.54%
ETHAMBUTOL	1	0.54%
COTRIMOXAZOLE	1	0.54%
CLINDAMYCIN	1	0.54%
CEFTAZIDIME	1	0.54%
ARTESUNATE	1	0.54%
Grand Total	186	100.00%

TABLE 15: ANALYSIS OF BRANDS OF ANTIBIOTICS USED IN GENERAL WARD		
BRAND NAME	COUNT	PERCENTAGE
MONOCEF	70	37.63%
AZEE	19	10.22%
AMIKA	19	10.22%
OFRAMAX	11	5.91%
SATROGYL O	10	5.38%
AUGMENTIN	8	4.30%
OFLOX	7	3.76%
PIPTAZ	5	2.69%
METRO	5	2.69%
AKT4	4	2.15%
ZOSTUM	3	1.61%
LEVOFLOX	3	1.61%



LEVO	2	1 (10/
LEVO	3	1.61%
SATROGYL	2	1.08%
MERO	2	1.08%
DOXY	2	1.08%
ARICEF	2	1.08%
ZIFI	1	0.54%
VANCOMYCIN	1	0.54%
SEPTRAN	1	0.54%
PRIMAQUINE	1	0.54%
PIPZO	1	0.54%
FALCIGO	1	0.54%
DOXYCYCLINE	1	0.54%
CLINDA	1	0.54%
CEFTAZIDIME	1	0.54%
AVENT	1	0.54%
ADVENT 457	1	0.54%
Grand Total	186	100.00%

Among the 100 IPD cases collected, it was found that the most commonly prescribed antibiotic class was cephalosporins (47.85%), followed by macrolides and aminoglycosides (10.22%).

TABLE 16: ANALYSIS OF ANTIBIOTIC CLASS IN GENERAL WARD		
CLASS	COUNT	PERCENTAGE
CEPHALOSPORINS	89	47.85%
MACROLIDES	19	10.22%
AMINOGLYCOSIDES	19	10.22%
NITROIMIDAZOLE	17	9.14%
PENICILLINS	16	8.60%
FLUOROQUINOLONES	13	6.99%
ANTI-TB	4	2.15%
TETRACYCLINE	3	1.61%
CARBAPENEMS	2	1.08%
SULPHONAMIDE	1	0.54%
LINCOSAMIDE	1	0.54%
GLYCOPEPTIDE ANTIBIOTIC	1	0.54%
ARTEMISININ DERIVATIVE	1	0.54%
Grand Total	186	100.00%



Out of the 100 samples from the IPD, most drugs were prescribed in the form of injections (73.66%), followed by syrup (13.44%).

The least prescribed dosage form was capsule (1.08%).

TABLE 17: ANALYSIS OF FORMULATION OF ANTIBIOTICS USED IN GENERAL WARD		
FORMULATION	COUNT	PERCENTAGE
INJECTION	137	73.66%
SYRUP	25	13.44%
TABLET	22	11.83%
CAPSULE	2	1.08%
Grand Total	186	100.00%

Among the 100 IPD cases, it was found that the majority of patients were prescribed 2 antibiotics, 48.4%, followed by patients who received 1

antibiotic, 21%. Finally, only 3.2% of patients received 6 antibiotics.

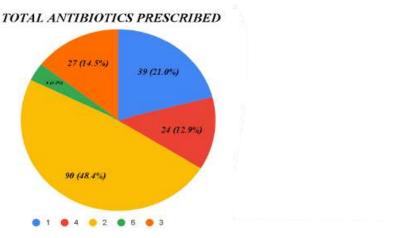


FIGURE 13: TOTAL NUMBER OF ANTIBIOTICS PRESCRIBED IN GENERAL WARD

2.8 ANALYSIS OF OTHER DRUGS

Among the 100 samples collected from the general ward, a total of 572 drugs were prescribed other than antibiotics. The most commonly prescribed drug was ondansetron (16.96%), followed by ranitidine (16.61%) and PCM (15.38%).



TABLE 18: OTHER DRUGS USED IN GENERAL WARD		
GENERIC NAME	COUNT	PERCENTAGE
ONDANSETRON	97	16.96%
RANITIDINE	95	16.61%
РСМ	88	15.38%
IPRATROPIUM BROMIDE +		
LEVOSALBUTAMOL	16	2.80%
MONTELUKAST + LEVOCETIRIZINE	15	2.62%
XYLOMETAZOLINE HCL	14	2.45%
BUDESONIDE	14	2.45%
RACECADOTRIL	12	2.10%
DEXTROMETHORPHAN +		
CHLORPHENIRAMINE +		
PHENYLEPHRINE	12	2.10%
ZINC ACETATE	10	1.75%
MULTIVITAMIN	9	1.57%
CHLORPHENIRAMINE + GUAIFENESIN +		
DEXTROMETHORPHAN + MENTHOL	9	1.57%
SACCHAROMYCES BOULARDII	8	1.40%
DICYCLOMINE	8	1.40%
DICLOFENAC SODIUM + PCM	8	1.40%
ZINC OXIDE	6	1.05%
TRAMADOL	6	1.05%
SODIUM PICOSULFATE+LIQUID		
PARAFFIN+MILK OF MAGNESIA	6	1.05%
PREDNISOLONE	6	1.05%
IBUPROFEN + PCM	6	1.05%



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DICLOFENAC	6	1.05%
LACTOBACILLUS BACTERIA	6	1.05%
PROTEIN POWDER	5	0.87%
PROBIOTIC	5	0.87%
CLOBAZAM	5	0.87%
URSODEOXYCHOLIC ACID	4	0.70%
TRYPSIN BROMELAIN AND RUTOSIDE		
TRIHYDRATE	4	0.70%
SIMETHICONE	4	0.70%
L ORNITHINE L ASPARTATE	4	0.70%
HIMALAYA HERBAL	4	0.70%
PHENYTOIN	4	0.70%
PHENYLEPHRINE &		
CHLORPHENIRAMINE MALEATE +		
DEXTROMETHORPHAN		
HYDROBROMIDE	3	0.52%
PHENYLEPHRINE HYDROCHLORIDE +		
CHLORPHENIRAMINE MALEATE	3	0.52%
PANTOPRAZOLE	3	0.52%
MIDAZOLAM	3	0.52%
FAVIPIRAVIR	3	0.52%
VITAMIN C	2	0.35%
VITAMIN B6 + B12 + NIACINAMIDE +		
FOLIC ACID	2	0.35%
TRYPSIN + CHYMOTRYPSIN	2	0.35%
METOCLOPRAMIDE	2	0.35%
LEVETIRACETAM	2	0.35%
		I I



LACTULOSE SOLUTION	2	0.35%
HYDROXYZINE HCL	2	0.35%
HEPARIN	2	0.35%
DISODIUM HYDROGEN CITRATE	2	0.35%
DICYCLOMINE+PARACETAMOL	2	0.35%
AMBROXOL	2	0.35%
LEVOSALBUTAMOL + AMBROXOL HCL		
+GUAIPHENESIN	2	0.35%
VITAMIN D	1	0.17%
TORSEMIDE+SPIRONOLACTONE	1	0.17%
SODIUM VALPROATE	1	0.17%
SODIUM BICARBONATE	1	0.17%
RISPERIDONE	1	0.17%
RIFAXIMIN	1	0.17%
RENALKA	1	0.17%
PREDNISOLONE SODIUM PHOSPHATE	1	0.17%
PCM + CHLORPHENIRAMINE MALEATE		
+ PHENYLEPHRINE ACETATE	1	0.17%
OSELTAMIVIR	1	0.17%
NIFEDIPINE	1	0.17%
MUCAINE GEL	1	0.17%
MIDAZOLAM	1	0.17%
METRONIDAZOLE	1	0.17%
MECOBALAMIN	1	0.17%
LORAZEPAM	1	0.17%
LIGNOCAINE GEL	1	0.17%
LEVOCETIRIZINE	1	0.17%



LACTOBACILLUS + SACCHAROMYCES		
+ ZINC	1	0.17%
KETAMIN	1	0.17%
IVERMECTIN+ALBENDAZOLE	1	0.17%
IMMUNOGLOBULIN	1	0.17%
HYOSCINE+SIMETHICONE	1	0.17%
GRANISETRON	1	0.17%
GLY	1	0.17%
GLUCOSE POWDER	1	0.17%
FUROSEMIDE	1	0.17%
FERROUS ASCORBATE & FOLIC ACID	1	0.17%
DICYCLOMINE+SIMETHICONE	1	0.17%
DEXAMETHASONE	1	0.17%
DEFLAZACORT	1	0.17%
CODEINE PHOSPHATE	1	0.17%
CLONIDINE	1	0.17%
CHLORHEXIDINE	1	0.17%
CARBOXYMETHYLCELLULOSE		
SODIUM	1	0.17%
CALCIUM + VIT D3	1	0.17%
BROMHEXINE + CHLORPHENIRAMINE	1	0.17%
Grand Total	572	100.00%

Out of the 572 drugs prescribed, the most commonly prescribed formulation was injection (55.07%), followed by syrup (16.61%).



TABLE 19: FORMULATION OF OTHER DRUGS USED IN GENERAL WARD			
FORMULATION	COUNT	PERCENTAGE	
INJECTION	315	55.07%	
SYRUP	95	16.61%	
TABLET	57	9.96%	
GRANULES	31	6.29%	
NEBULIZER	30	5.24%	
DROPS	23	4.02%	
CREAM	6	1.05%	
POWDER	6	1.05%	
PATCH	4	0.70%	
SPRAY	2	0.35%	
OIL	2	0.35%	
GARGLE	1	0.17%	
Grand Total	572	100.00%	

2.9 ANALYSIS OF DRUGS USING WHO PRESCRIBING INDICATORS

TABLE 20: WHO PRESCRIBING INDICATORS IN GENERAL WARD		
INDICATORS	L.4BEL	
AVERAGE NUMBER OF DRUGS PER ENCOUNTER	7.75	
PERCENTAGE OF DRUGS PRESCRIBED BY GENERIC NAMES	2.97%	
PERCENTAGE OF ENCOUNTER WITH AN ANTIBIOTIC PRESCRIBED	58.97%	
PERCENTAGE OF ENCOUNTER WITH AN INJECTION PRESCRIBED	24.92%	
PERCENTAGE OF DRUGS FROM THE ESSENTIAL DRUG LIST	20.52%	

2.10 RATIONALITY OF DOSE

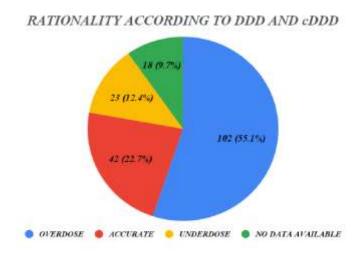
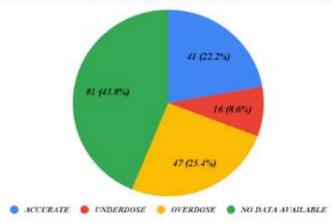


FIGURE 14: RATIONALITY OF DOSE IN GENERAL WARD ACCORDING TO DDD

AND cDDD

After calculating and analysing the prescribed doses according to Defined Daily Doses (DDD) it was found that 44.9% of the patients

received doses that were overdosed and only 22.7% of patients received accurate doses.



RATIONALITY OF THERAPY ACCORDING TO WEIGHT

FIGURE 16: RATIONALITY OF DOSE ACCORDING TO WEIGHT OF GENERAL

WARD PATIENTS

After calculating and analysing the prescribed doses according to weight, it was found that only 22.2% of patients received accurate doses and 14.6% of the patients received excessive doses. 43.8% of patients were patients whose data was not available.

3. ANALYSIS OF THE INPATIENT DEPARTMENT (NICU) 3.1 GENDER WISE DISTRIBUTION IN NICU

After analysing 50 patients in the neonatal intensive care unit (NICU), it was found that 24 patients were female (48%) and 26 patients were male (52%).



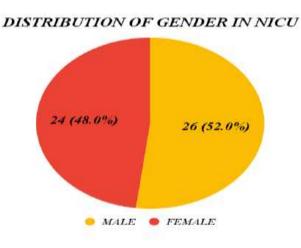


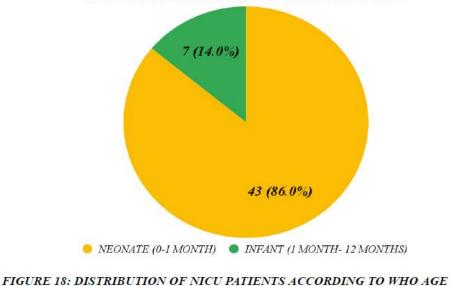
FIGURE 17 : DISTRIBUTION OF GENDER (NICU)

3.2 AGE-WISE DISTRIBUTION IN NICU

After analysing 50 patients in NICU 43 patients (86%) were neonates and 7 patients (14%), were infants. The mean age of inpatients was 23.28 \pm 10.21 days. The mean age for male patients was

 24.65 ± 14.18 days while the mean age for female patients was 21.79 ± 15.04 days as shown in TABLE 20. Moreover, the age wise distribution of patients according to WHO classification is depicted in TABLE 21 and FIGURE 8.

AGE CLASSIFICATION OF NICU PATIENTS



CLASSIFICATION



	NUMBER OF PATIENTS	AVERAGE AGE ± SEM
MALE	26	24.65 ± 14.18 DAYS
FEMALE	24	21.79 ± 15.04 DAYS
TOTAL	50	23.28 ± 10.21 DAYS
TABLE 22: AGE WIS	E DISTRIBUTION OF NICU PAT WHO AGE CLASSIFICATION	
	NUMBER OF PATIENTS	AVERAGE AGE ± SEM
NEONATES	NUMBER OF PATIENTS 43	AVERAGE AGE ± SEM 4.83 ± 0.64 DAYS

3.3 REASON FOR ADMISSION OF PATIENTS IN NICU

After analysing 50 patients there were numerous reasons for admission which were

reported by the parents the majority were Icterus (16.85%) followed by respiratory distress (11.24) the most rare sign was brain sparing effect (1.12%).

TABLE 23 : REASON FOR ADMISSION OFPATIENTS IN NICU		
REASON FOR		PERCENTA
ADMISSION	COUNT	GE
ICTERIC	19	21.34%
RESPIRATORY		
DISTRESS	12	13.49%
GRUNTING	9	10.12%
LOW BIRTH WEIGHT	6	6.74%
TACHYPNOEA	6	6.74%
FEVER	4	4.49%
COUGH	4	4.49%
LETHARGIC	4	4.49%



SEVERE BIRTH		
ASPHYXIA	3	3.37%
COLD	4	4.49%
DEHYDRATION	2	2.25%
CONVULSION	3	3.37%
BIRTH ASPHYXIA	2	2.25%
SEPSIS	1	1.12%
MECONIUM		
ASPIRATION	1	1.12%
ICTERIC UPTO SOLE	1	1.12%
HYPOXIA	1	1.12%
HYPOGLYCEMIA	1	1.12%
GRASPING BREATHING	1	1.12%
FETO-PLACENTAL		
INSUFFICIENCY	1	1.12%
FEEDING		
INTOLERANCE	1	1.12%
CYANOSIS	1	1.12%
BROWNISH VOMITING	1	1.12%
BRAIN SPARING		
EFFECT	1	1.12%
Grand Total	89	100.00%

3.4 DIAGNOSIS OF PATIENTS IN NICU

There were variety of disease and conditions which were observed in NICU in 50 patients majority of the diagnosis were neonatal hyperbilirubinemia (17.35%), RDS (15.31%), early onset sepsis (11.22%) and late onset sepsis (5.10%). The most prevalent infection in NICU was early onset sepsis 14.31%.



TABLE 24 : DIAGNOSIS OF	PATIEN	TS IN NICU
		PERCENT
DIAGNOSIS	COUNT	AGE
NEONATAL		
HYPERBILIRUBINEMIA	18	18.37%
RESPIRATORY DISTRESS		
SYNDROME	15	15.31%
EARLY ONSET SEPSIS	14	14.31%
LATE ONSET SEPSIS	5	5.10%
MENINGITIS	5	5.1%
LOW BIRTH WEIGHT	5	5.10%
SEVERE BIRTH		
ASPHYXIA	3	3.06%
VIRAL PNEUMONITIS	2	2.04%
PERSISTENT		
PULMONARY		
HYPERTENSION OF		
NEWBORN	2	2.04%
MODERATE		
RESPIRATORY DISTRESS		
SYNDROME	2	2.04%
HIE GRADE III	2	2.04%
HIE GRADE I	2	2.04%
MECONIUM ASPIRATION		
SYNDROME	2	2.04%
SEIZURES	1	1.02%
Rh INCOMPATIBILITY	1	1.02%
RETROGNATHIA	1	1.02%
PNEUMONIA	1	1.02%
PLEURAL EFFUSION	1	1.02%
NEONATAL		
ENCEPHALOPATHY	1	1.02%
NECROTIZING		
ENTEROCOLITIS	1	1.02%
MECONIUM STAINED		
LIQUOR	1	1.02%
KERNICTERUS	1	1.02%
HIE GRADE II	1	1.02%
GESTATIONAL DIABETES		
MELLITUS	1	1.02%
G6PD DEFICIENCY	1	1.02%
FETO-PLACENTAL		
INSUFFICIENCY	1	1.02%
DENGUE		
ENCEPHALOPATHY	1	1.02%
CORONARY SINUS		
TAPVC	1	1.02%



CLEFT PALATE	1	1.02%
BRAIN SPARING EFFECT	1	1.02%
AV MALFORMATION		
IVH-III	1	1.02%
ASYMMETRICAL		
INTRAUTERINE GROWTH		
RESTRICTION	1	1.02%
ASPIRATION		
PNEUMONIA	1	1.02%
ABO INCOMPATIBILITY	1	1.02%
Grand Total	98	100.00%

3.5 TYPE OF THERAPY IN PATIENTS IN GENERAL WARD *TYPE OF THERAPY IN NICU PATIENTS*

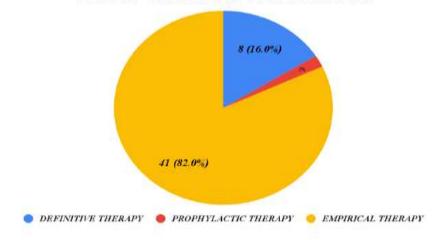


FIGURE 19: TYPE OF THERAPY IN NICU PATIENTS

TABLE 25 : ISOLATED ORGANISM IN NICU			
CULTURE SENSITIVITY TEST	COUNT	PERCENTAGE	
CST NOT DONE	42	84.00%	
KLEBSIELLA PNEUMONIAE	5	10.00%	
PSEUDOMONAS	3	6.00%	
Grand Total	50	100.00%	

Out of 50 sample sizes collected from the NICU department only 8 patients were performed with CST out of which 5 patients (10%) had infection caused with Klebsiella pneumoniae and 3 patients (6%) had infection caused with Pseudomonas. 42 patients (82%) were not performed with CST.

3.6 DURATION OF HOSPITAL STAY IN NICU

The average duration of stay in the hospital for NICU patients was 5.06 ± 0.504 days.

3.7 ANALYSIS OF ANTIBIOTICS

The most frequently prescribed antibiotics in NICU were gentamicin (14.50%), cefixime



(14.50%), and cefotaxime (13.74%). meropenem (9.16%) was the third most frequently prescribed

antibiotic.

TABLE 26 : ANALYSIS OF ANTIBIOTICS IN NICU			
GENERIC NAME	COUNT	PERCENTAGE	
GENTAMICIN	19	14.50%	
CEFIXIME	19	14.50%	
CEFOTAXIME	18	13.74%	
MEROPENEM	12	9.16%	
CO-TRIMOXAZOLE	11	8.40%	
AMIKACIN	9	6.87%	
PIPERACILLIN +			
TAZOBACTAM	8	6.11%	
COLISTIN	8	6.11%	
POLYMYXIN-B	6	4.58%	
LEVOFLOXACIN	5	3.82%	
CLINDAMYCIN	4	3.05%	
VANCOMYCIN	2	1.53%	
NETILMICIN	2	1.53%	
LINEZOLID	2	1.53%	
CIPROFLOXACIN	2	1.53%	
AMOXICILLIN +			
POTASSIUM			
CLAVULANATE	2	1.53%	
CEFTRIAXONE	1	0.76%	
AZITHROMYCIN	1	0.76%	
Grand Total	131	100.00%	

TAXIM (15.83%), GENTA (15.83%) and ZIFI (15%) were the mostly prescribed antibiotic brands.



TABLE 27 : BRANDS PRESCRIBED IN NICU		
BRAND NAME	COUNT	PERCENTAGE
TAXIM	19	15.83%
GENTA	19	15.83%
ZIFI	18	15.00%
MERO	12	8.33%
SEPTRAN	11	7.50%
AMIKAR	9	6.67%
PIPTAZ	8	5.83%
COLI	8	5.00%
POLY-B	6	4.17%
LEVOFLOX	5	3.33%
CLINDA	4	2.50%
VANCO	2	1.67%
NETIL	2	1.67%
LINOSPAN	2	1.67%
CIPLOX	2	1.67%
OFRAMAX	1	0.83%
MEGA CV	1	0.83%
AZEE	1	0.83%
ADVENT	1	0.83%
Grand Total	131	100.00%

The majority of the formulation of drugs prescribed for the 50 samples in the NICU were injections (79.39%), followed by oral drops

(10.69%). Eye drops were the least frequently prescribed dosage type (0.76%).



TABLE 28 :FORMULATION OF ANTIBIOTICS PRESCRIBED IN NICU		
FORMULATION	COUNT	PERCENTAGE
INJECTION	104	79.39%
ORAL DROPS	14	10.69%
SYRUP	12	9.16%
EYE DROPS	1	0.76%
Grand Total	131	100.00%

The most frequently prescribed antibiotic class among the 50 NICU cases was cephalosporins

(29.01%), followed by aminoglycosides (22.90%) and polymyxins (10.69%).

CLASS	COUNT	PERCENTAGE
CEPHALOSPORINS	38	29.01%
AMINOGLYCOSIDES	30	22.90%
POLYMYXINS	14	10.69%
CARBAPENEMS	12	9.16%
SULFONAMIDES + DHFR INHIBITORS	11	8.40%
PENICILLINS + BETA LACTAMASE INHIBITOR	10	7.63%
FLUOROQUINOLONES	7	5,34%
LINCOSAMIDES	4	3.05%
OXAZOLIDINONES	2	1.53%
GLYCOPEPTIDES	2	1.53%
MACROLIDES	1	0.76%
Grand Total	131	100.00%

3.8 ANALYSIS OF OTHER DRUGS

Out of the 50 samples collected in the NICU department, a total of 313 drugs were prescribed other than antibiotics. Multivitamins

were most commonly prescribed (9.86%) by the brand name ONVITA, followed by the combination of calcium carbonate and vitamin D 3 (8.39%) by the brand name CCD3.



TABLE 30 : OTHER DRUGS PRI	S PRESCRIBED IN NICU	
		PERCEN
GENERIC NAME	COUNT	TAGE
MULTIVITAMINS	30	9.68%
CALCIUM CARBONATE + VIT.D ₃	26	8.39%
LEVETIRACETAM	18	5.81%
CALCIUM GLUCONATE	14	4.52%
ADRENALINE + ACETYLCYSTEINE	14	4.52%
GRANISETRON	13	4.19%
VITAMIN K	12	3.87%
FUROSEMIDE	11	3.55%
DEXAMETHASONE	11	3.55%
METOCLOPRAMIDE	10	3.23%
DOBUTAMINE	10	3.23%
FLUCONAZOLE	9	2.90%
CAFFEINE	9	2.90%
RANITIDINE	8	2.58%
PHENOBARBITONE	8	2.58%
PARACETAMOL	8	2.58%
LORAZEPAM	6	1.94%
SILDENAFIL	4	1.29%
PHENYTOIN	4	1.29%
MEDIUM CHAIN TRIGLYCERIDES	4	1.29%
HYDROCORTISONE	4	1.29%
GLYCERINE ENEMA	4	1.29%
ADRENALINE	4	1.29%
XYLOMETAZOLINE	3	0.97%
	I	i I



SODIUM BICARBONATE	3	0.97%
OSELTAMIVIR	3	0.97%
ONDANSETRON	3	0.97%
MUPIROCIN + HEPARIN & BENZYL		
NICOTINATE	3	0.97%
KANGAROO MOTHER CARE	3	0.97%
IPRATROPIUM BROMIDE +		
LEVOSALBUTAMOL	3	0.97%
BUDESONIDE	3	0.97%
ZINC OXIDE CREAM	2	0.65%
MOSAPRIDE CITRATE	2	0.65%
MILRINONE	2	0.65%
MIDAZOLAM	2	0.65%
LANSOPRAZOLE	2	0.65%
LACOSAMIDE	2	0.65%
DOMPERIDONE	2	0.65%
DILL OIL + FENNEL OIL +		
SIMETHICONE	2	0.65%
COLLOIDAL IRON + FOLIC ACID +		
VITAMIN B12	2	0.65%
CITICOLINE SODIUM	2	0.65%
AMPHOTERICIN-B	2	0.65%
AMBROXOL	2	0.65%
VACCINE	1	0.32%
URSODEOXYCHOLIC ACID	1	0.32%
TRANEXAMIC ACID	1	0.32%
SIMETHICONE	1	0.32%



SALBUTAMOL	1	0.32%
PREDNISOLONE	1	0.32%
MUPIROCIN	1	0.32%
LACTASE ENZYME	1	0.32%
INTRAVENOUS IMMUNOGLOBULIN	1	0.32%
HUMAN MILK FORTIFIERS	1	0.32%
GLYCOPYRROLATE	1	0.32%
FOLIC ACID	1	0.32%
FLUTICASONE FUROATE	1	0.32%
FENTANYL	1	0.32%
DICYCLOMINE	1	0.32%
DEFLAZACORT	1	0.32%
BROMHEXINE + PHENYLEPHRINE +		
CPM + PCM	1	0.32%
BISACODYL	1	0.32%
BACILLUS CLAUSII	1	0.32%
AMINOPHYLLINE	1	0.32%
AMINO ACIDS	1	0.32%
Grand Total	310	100.00%

TABLE 31 : BRANDS OF OTHER DRUGS PRESCRIBED IN

1	NICU	
		PERCENTAG
BRAND NAMES	COUNT	E
ONVITA	28	8.95%
CCD3	26	8.31%
LEVERA	18	5.75%
CALARC	14	4.79%



ADRENALINE + MUCOMIX	14	4.47%
GRANDEM	13	4.15%
VITAMIN K	12	3.83%
LASIX	11	3.51%
DEXONA	11	3.51%
PERINORM	10	3.19%
DOBUTA	10	3.19%
FLUCON	9	2.88%
CAPNEA	9	2.88%
RANTAC	8	2.56%
LOPEZ	6	1.92%
FEBRINIL	5	1.60%
T.BACT + THROMBOPHOB	4	1.28%
PHENOBARB	4	1.28%
MCT OIL	4	1.28%
HYDROCORT	4	1.28%
GLYCERINE ENEMA	4	1.28%
GARDINAL	4	1.28%
EPSOLIN	4	1.28%
ADRENALINE	4	1.28%
TONOFERON	3	0.96%
SILDENAFIL	3	0.96%
NASTROZ	3	0.96%
КМС	3	0.96%
EMSET	3	0.96%
DUOLIN	3	0.96%
COLICAID	3	0.96%



BUDECORT	3	0.96%
BICARB	3	0.96%
SOFIRASH	2	0.64%
РСМ	2	0.64%
OSELTAMIVIR	2	0.64%
NEOSMILE	2	0.64%
MOZA	2	0.64%
MIDAZ	2	0.64%
LACOSAMIDE	2	0.64%
JUNIOR LANZOL	2	0.64%
ENTEROGERMINA	2	0.64%
DOMSTAL	2	0.64%
CITICOLINE	2	0.64%
AMPHO B	2	0.64%
A VENT	2	0.64%
WYSOLONE	1	0.32%
VAC	1	0.32%
UDCAMENT	1	0.32%
TRANEXA	1	0.32%
TAMIFLU	1	0.32%
PULMOSIL	1	0.32%
MILIRINONE	1	0.32%
MILICORE	1	0.32%
MEGAHEEL	1	0.32%
IVIG	1	0.32%
HMF SACHET	1	0.32%
GLYCO	1	0.32%
	1	I I



FOLVITE	1	0.32%
FENTANYL	1	0.32%
DULCOLAX	1	0.32%
DEFLASTAR	1	0.32%
CALPOL	1	0.32%
AUROFACTS	1	0.32%
ASTHALIN	1	0.32%
ANC	1	0.32%
AMINOVEN	1	0.32%
AMINOPHYLLINE	1	0.32%
ALLEGRA	1	0.32%
Grand Total	313	100.00%

Out of the 623 drugs prescribed, the most commonly prescribed formulation was injection (50.65%), followed by oral drops (17.64%).

FORMULATION	COUNT	PERCENTAGE
INJECTION	155	50.65%
ORAL DROPS	54	17.64%
SYRUP	50	16.34%
NEBULISER	21	6.86%
TABLET	8	2.61%
OINTMENT	5	1.63%
ENEMA	4	1.31%
NASAL DROPS	3	0.98%
SUPPOSITORY	1	0.33%
GRANULES	.1	0.33%
NASAL SPRAY	1	0,33%
GEL	1	0.33%
CREAM	1	0.33%
CAPSULE	1	0.33%
Grand Total	306	100.00%



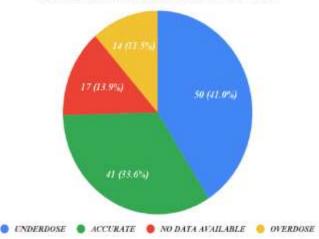
3.9 WHO PRESCRIBING INDICATORS

TABLE 33 : WHO PRESCRIBING INDICATORS IN NICU		
INDICATOR	L-4BEL	
AVERAGE NUMBER OF DRUGS PER ENCOUNTER	8.89	
PERCENTAGE OF DRUGS PRESCRIBED BY GENERIC NAMES	11.94%	
PERCENTAGE OF ENCOUNTER WITH AN ANTIBIOTIC PRESCRIBED	27.87%	
PERCENTAGE OF ENCOUNTER WITH AN INJECTION PRESCRIBED	56.21%	
PERCENTAGE OF DRUGS FROM THE ESSENTIAL DRUG LIST	25.06%	

3.10 RATIONALITY OF THERAPY

Defined Daily Doses (DDD) were used to calculate and analyse the prescribed doses, and it

was found that 33.6% of patients received accurate doses while overdoses were reported in 11.5% of patients.



RATIONALITY ACCORDING TO DDD

FIGURE 20 : RATIONALITY OF DOSE ACCORDING TO DDD IN NICU PATIENTS

Only 41% of patients received accurate doses, and only 33.6% of patients received excessive doses, according to calculations and

analysis of the prescribed doses based on weight. Data was unavailable for 4% of the patients.



RATIONALITY OF DOSE ACCORDING TO WEIGHT

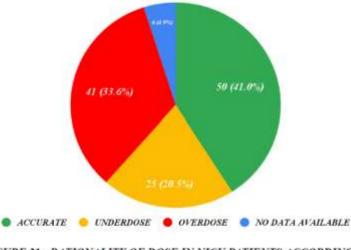


FIGURE 21 : RATIONALITY OF DOSE IN NICU PATIENTS ACCORDING TO

WEIGHT

V. DISCUSSION:

Drug utilization studies are found to be a useful tool to facilitate rational use of drugs in health care delivery systems. It truly reflects the status of the health care system. In order to be rational, use of a drug must be effective, safe, prescribed for the proper therapeutic indication and the correct dosage in an appropriate formulation, easily available and of a reasonable cost.[20]

In OPD, the total percentage of male pediatric patients was 60%, and of female patients was 40%. Similar findings were found in a study performed by A. Najmi et. al which suggested that the male patients were 60% and female patients were 40%[21].

After analyzing 50 patients in OPD, the majority of the patients belonged to the age group of 1-3 years i.e Toddlers 28% followed by infants 1-12 months i.e 26% which were similar to the study performed by A. Najmi et.al which showed that the patients in the age group of 1-3 years were 30.22%[21]. The major complaints of the patients presented in OPD included Fever 26.61% followed by cough and cold 25.69% this can be attributed to a sudden change in climate from October to March this was supported by a study performed by S.Bunyavanich et.al which suggested that Children may be an especially vulnerable subpopulation because of their developing physiology and anticipated long-term exposure. Internationally, two thirds of all preventable ill health due to the environment occurs in children[22].

In the study, it was found that the majority of the antibiotics prescribed were Azithromycin and a combination of amoxicillin and potassium clavulanate (34.69%) divergent results were found in the study performed by H. Amane said that the majority of the antibiotics prescribed were combinations of norfloxacin and tinidazole 35% ^[23]. Apart from these, the majority of the drugs were prescribed from the class Penicillin+Beta 35.29% Lactamase Inhibitor followed by Macrolides 31.37% which were also supported by the study performed by J. Kumar et.al. this study suggested that the majority of the antibiotics were prescribed from macrolides and fluoroquinolones ^[24]. The majority of the formulation which was prescribed was Syrup 86.27% this might be because the syrup is easy to administer in pediatric patients and adherence is easy to achieve^[25]. After analysis of 50 patients it was found that 96.1% of the patients were prescribed with 1 antibiotic and 3.9% of the patients were prescribed with 2 antibiotics. 42.7% of the patients were prescribed with a total of 4 drugs followed by 21.8% of the patients were prescribed with 5 drugs. This was supported by the study performed by J. Kumar et.al suggested that average drugs per prescription were 2.81 [24].

Defined daily dose (DDD) is one of the established metrics used in the assessment of antimicrobial consumption. The aim of the ATC/DDD methodology is to serve as a tool for drug utilization study in order to improve the quality of drug use. One component of this is the



presentation and comparison of drug consumption statistics at international and other levels^[26]. After calculating cDDD of 50 patients it was found that 48% of the patients were prescribed by the dose which Overdose, 30% of the patients were prescribed with Accurate dose, 16% of the patients were the ones whose data was not available.

After analyzing the prescribed doses to the 50 pediatric patients it was found that 60% of the patients were given Accurate dose, 26% of the patients were prescribed doses that were Overdose and 14% of the patients were given doses that were Underdose. The variance in OPD between cDDD and weight based adjusted dose regimen was 0.0287.

The main purpose of our study was to analyze the prescriptions for effective and rational drug prescribing. The ultimate aim was to make the healthcare system safer.

In IPD, the total percentage of male pediatric patients 67% was which was comparatively more than female pediatric patients, which was 33%. Similar findings were found in Gauhati Hospital (Choudhary DK and Bezbaruah BK, 2013)^[27]. The pediatric patients included were from the age category of 0-14 years, out of 100 cases collected from IPD it was found that the patients of age group 1-3 years were 26% this can be attributed to the low immunity of the patients familiar results were found in a study performed by A.k Malpani, M. Waggi and 26% percent of the patients were from the age group of 6-12 years. Fewer percentages were observed in patients in the age group of 0-1 month (3%) and 3-5 years (9.1%)

After analyzing 100 IPD patients it was found that the majority of the patients presented with complaints of fever (23.83%), vomiting (13.62%), cough (11.49%), and cold (10.21) which were supported by the study performed by S George, A K. Thomas, J. Jacob, et.al which stated that the majority of the patients were admitted with chief complaints of fever and cough^[29]. Among the IPD patients, it was found that most of the patients had a diagnosis of AGE (22%) supporting this data, a study performed by E. Elliot suggests that Worldwide, 3-5 billion cases of acute gastroenteritis and nearly 2 million deaths occur each year in children under 5 years^[30]. A study performed by M. Khan showed that 20% of the patients suffered from AGE^[31]. In this study, it was found that 80% of the patients were receiving empirical therapy, a study performed by E. Bruzzese suggested that empiric therapy should be started while awaiting such results. Empiric therapy

may be started with oral co-trimoxazole or metronidazole, but in severe cases parenteral treatment with ceftriaxone or ciprofloxacin might be considered^[32]. The second most diagnosed infection was LRTI 13% this finding was supported by a study performed by P. Sitthikarnkh et.al which suggested that LRTIs had a high incidence rate of hospitalization and mortality, especially in children under 5 years old ^[33]. Among the IPD patients, 17% of the patients were receiving prophylactic therapy and 3% of the patients were receiving definitive therapy. This was supported by a study performed by K. N. S. Karthik* and K.R. Kumar stated that The majority of prescriptions were therefore made on an empirical basis^[34]. Out of 100 patients collected from IPD, it was found that the use of antibiotics has become a routine practice for the treatment of pediatric infections and majorly prescribed antibiotic was ceftriaxone (43.55%) followed by amikacin and azithromycin 10.22%. These results were supported by a similar study conducted in Erode, Tamil Nadu by K Shamshy, I Mufida Begum, and P Perumal^[35]. It was also found that 5.38% of the patients received the combination. satronidazole ofloxacin +Satronidazole (SAT), is a novel nitroimidazole derivative. Ofloxacin is official in USP3 and BP4 whereas satranidazole is not official in any Pharmacopoeia^[36] therefore the DDD and cDDD was not calculated. The highest prescribed class was cephalosporins (47.85%) followed by aminoglycoside and macrolide (10.22%)respectively; similar findings were found in a study performed by K Shamshy, I Mufida Begum, and P Perumal it suggested that Cephalosporins (38.83%), Aminoglycoside (22.78%) and penicillin derivatives (18.87%) were choice of antibiotics for pediatric patients ^[35]. Moreover, it was also found that the majority of the patients were given parenteral dosage forms i.e injections (73.7%) which was supported by a study performed in Pune hospital by R. Mathew, H.Sayyed et.al in which use of injections was high^[37]. After analyzing 100 IPD cases it was found that 48.4% of the patients were prescribed 2 antibiotics and 21% of the patients were prescribed 1 antibiotic. Similar findings were from reviewing a study which suggested that A high percentage of patients 54.58% were prescribed at least one antibiotic, two antibiotics were prescribed in 28.57%, three antibiotics were prescribed in 15.02% and four antibiotics were prescribed in only 1.83% cases ^[35].

WHO recommends an optimal value of 100% in prescribing drugs by generic name, while our study presented only 2.97%. Generic



prescribing has been recognized to be much simpler, minimize dispensing errors, facilitate coordination and transparency between healthcare providers and clients, as well as being comparatively cheaper than branded drugs^[37]. The percentage of antimicrobials prescribed from the National Drug List was 20.52%, and the proposed optimal value by the WHO is 100%. According to the WHO, DDD is the average daily dose for adult indications, so it cannot be directly used as the basis for prescribing children's medication. In the absence of specific medication standards, some hospitals directly reduce the adult dose by half to obtain the children's medication standard. However, this method has no scientific clinical basis, and it leads to the deviation of medication results. In the present study, cDDD was introduced to analyze the drug use status amongst children by dividing them into different age groups and preliminarily establishing a rational evaluation method of antimicrobial drug use in children^[38].

The cDDD was calculated in various age groups by newborns (1-28 days): cDDD = 1/10 - 1/8DDD; infants (28 days-1 year): cDDD = 1/8 - 1/4 DDD; toddlers (1-3 years): CDDD = 1/4 - 1/3DDD; preschool (4-5 years): cDDD = 1/3 - 1/2DDD; school age (6- 14 years): cDDD = 1/2 - 2/3DDD, after calculating the doses it was found that the 44.9% of the patients received overdose, 22.7% of patients received accurate doses and 12.4% of the patients received underdose these findings were supported by ^[39]. The variance in IPD between cDDD and weight based adjusted dose regimen was 0.40415.

The study was carried out in 50 patients in NICU, it was found that the total male patients were 52% and female patients were 48% which were supported by the study performed by A. Kumari et.al showed that the number of male patients were 66% and the number of female patients were 35%^[40]. The study also showed that 86% of the patients were between the age group of 0-1 month and 14% of the patients were in the age group of 1-12 months; these findings were supported by a research performed by S. Patel et.al. stated that Neonates, particularly from high-risk pregnancies, often present with multiple comorbidities due to immature organs, which may necessitate intensive and complex medical care with high exposure to drugs^[41]. The majority of the patients were presented with icterus 21.34% followed by respiratory distress 13.49% familiar study performed by K.Undela et.al suggested that most reasons for admission were jaundice 23.2% and respiratory distress 17.3%. The study also

suggested that the majority of the pediatric patients were diagnosed with neonatal hyperbilirubinemia and respiratory distress syndrome the same study stated that Unconjugated hyperbilirubinemia (17.35%), respiratory distress syndrome (15.31%) were the major diagnosis in NICU^[42]. The type of therapy mostly administered was empiric 82% and 16% of the patients received definitive therapy this finding was supported by a study performed by S. patel et.al showed that 66% received empiric therapy and only 5% of the patients received definitive therapy ^[41]. The organisms isolated were Klebsiella pneumoniae and Pseudomonas; Multidrug-resistant (MDR) Gram-negative organisms are a major health concern due to lack of effective therapy; these organisms include Klebsiella pneumoniae and Pseudomonas []. The study was supported by research done by W. Du which suggested that majority of the organism isolated were Klebsiella pneumoniae and Pseudomonas and cephalosporins are most active against a broad antimicrobial spectrum of activity that includes both gram-positive and gram-negative bacteria, as well as organisms^[43]. The average duration of stay in the hospital for NICU patients was 5.06 ± 0.504 days similarly it was found in a study performed by A. Kumari et.al showed that the mean duration of their hospital stay was 6 days^[40]. Among the 50 patients the most commonly prescribed antibiotic was gentamicin (14.50%), cefixime (14.50%), and cefotaxime (13.74%) these findings were supported by a study performed by S. Chatterjee et.al suggested that the majority of the antibiotic prescribed was gentamicin, cefotaxime^[44]. The majority of the formulation of drugs prescribed for the 50 samples in the NICU were injections (79.39%), followed by oral drops (10.69%); this was supported by the study performed by S. Chatterjee et.al which stated that The intravenous route (92.1%) was the commonest route of drug administration^[44]. The most commonly prescribed class was cephalosporins (29.01%), followed by aminoglycosides (22.90%).

WHO recommends an optimal value of 100% in prescribing drugs by generic name, while our study presented only 11.94%. Generic prescribing has been recognized to be much simpler, minimize dispensing errors, facilitate coordination and transparency between healthcare providers and clients, as well as being comparatively cheaper than branded drugs^[38] The percentage of antimicrobials prescribed from the National Drug List was 20.06%, and the proposed optimal value by the WHO is 100%. The cDDD was calculated in various age groups by newborns



(1-28 days): cDDD = 1/10 - 1/8DDD; infants (28 days-1 year): cDDD = 1/8 - 1/4 DDD after calculating the doses it was found that the 11.5% of the patients received overdose, 33.6% of patients received accurate doses and 41% of the patients received underdose these findings were supported by [39].The variance in NICU between cDDD and weight based adjusted dose regimen was 0.1463.

VI. CONCLUSION:

This study showed the utilisation of antibiotics in paediatrics patients of SDA diamond hospital and medical research centre. This study concludes that the treatment regimen implemented in most of the cases is empirical which has a potential for antimicrobial resistance. Our study also highlighted some common prescribing trends in the hospital, which were polypharmacy and prescribing by brand name.

Regulation of dose in paediatrics has an important role in improving medical quality in paediatrics. Developing an evaluation method for medical therapy in paediatrics is a substantial challenge for the research community.^[1]

Antimicrobial resistance is life threatening conditions and patient education along with adherence to the guidelines is the requirement of the hour and should be practised widely to decrease the global burden of such infections.

The present study reveals that the pattern of prescriptions in terms of rationality of antimicrobial FDCs remains poor. There is an urgent need to develop standards of antimicrobial drug prescriptions to avoid drug resistance.

Educational intervention to promote rational use of antimicrobial agents and awareness of the deleterious impact of irrational prescribing habits on the community and all members of the health care system are needed.

VII. LIMITATIONS:

- The study consists of a limited sample size, based on the patient flow and study duration.
- The study focused on the analysis of drug use amongst children in different age groups but did not consider the effects of weight and combined medications, which might influence the results.
- There were many aspects where data was available which led to data insufficiency.
- Lastly, cDUI and PDD/cDDD are not commonly used to evaluate the appropriateness of pediatric drug use, and the evaluation system needs further improvement

and should be jointly discussed by more scholars.

ABBREVIATIONS:

- 1. AGE- ACUTE GASTROENTERITIS
- 2. ATC- ANATOMICAL THERAPEUTIC CHEMICAL
- 3. AV- ANTERIOR-VENTRICULAR
- 4. cDDD- CALCULATED DEFINED DAILY DOSE
- 5. cDUI- CALCULATED DRUG UTILIZATION INDEX
- 6. CPM- CHLORPHENIRAMINE UI
- 7. CRF- CASE REPORT FORM
- 8. CST- CULTURE SENSITIVITY TEST
- 9. CVDs- CARDIOVASCULAR DISEASE
- 10. DDD- DEFINED DAILY DOSE
- 11. DUE- DRUG UTILIZATION EVALUATION
- 12. G6PD- GLUCOSE-6-PHOSPHATE DEFICIENCY
- 13. GBS- GUILLAIN BARRE SYNDROME
- 14. GCP- GOOD CLINICAL PRACTICES
- 15. HCL- HYDROCHLORIC ACID
- 16. HCPs- HEALTHCARE PRACTITIONER
- 17. HIE- HYPOXIC ISCHEMIC ENCEPHALOPATHY
- 18. ICF- INFORMED CONSENT FORM
- 19. ICH- INTERNATIONAL CONFERENCE OF HARMONIZATION
- 20. IPD- IN-PATIENT DEPARTMENT
- 21. IVH- INTRAVENTRICULAR HEMORRHAGE
- 22. LRTI- LOWER RESPIRATORY TRACT INFECTION
- 23. NICU- NEONATAL INTENSIVE CARE UNIT
- 24. OPD- OUT- PATIENT DEPARTMENT
- 25. PCM- PARACETAMOL
- 26. PD- PHARMACODYNAMIC
- 27. PDD- PEDIATRIC DAILY DOSE

AUTHOR'S CONTRIBUTION:

Mili Bulsari, Shlok Malusare, Vatsal Mehta and Akash Paghadal for designing and conducting the study, analyzing data, interpreting the results and drafting the manuscript.

Dr. Shwetha Swaminath and Dr. Alpesh Singhvi supervised the study and its critical review. All the authors gave the final approval of the version to be published.

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